

• 1/2 CUP BAKING SODA

• 1/2 CUP ARROWROOT **POWERDER OR** CORNSTARCH

• 5 TBSP UNREFINED **COCONUT OIL**

• 20 DROPS GRAPEFRUIT **ESSENTIAL OIL**

> 1. First mix the baking soda and arrowroot powder OR cornstarch.

Making your own deodorant can

the need of the plastic container

2. Mix in the coconut oil and essential oil.

3. Place in an air tight container.

4. Use popsicle stick or fingers to apply

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