CONSENT AND RELEASE

I, ______ understand and agree to participate in the Maryland Zoo in Baltimore's CrossFit at the Zoo event **("the Program").** I understand that the Program is located on the campus of the Zoo. I agree to accept full risk and responsibility for participating in this Program and my use of the services and facilities of the Maryland Zoo in Baltimore during the Program.

I hereby certify that I am physically fit and am not limited in the ability to safely participate in the Program, and/or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by participating in the Program. I assume all risks associated with my voluntary participation in this Program, including but not limited to contact with other participants and the effects of the weather are known and appreciated by me.

Further, I agree to release, hold harmless and indemnify the Maryland Zoo in Baltimore, its employees, agents, or representatives in their official and individual capacities, from all claims, demands, injuries, damages, actions, causes of actions expenses, attorneys' fees, claims or liabilities whatsoever, including claims based upon such defendants' own negligence, arising from or related to participating in the Program. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown, except for instances of the Zoo's gross negligence, or willful and intentional misconduct.

This release shall be binding on me and my legal representatives, heirs, and assigns in perpetuity.

This Consent and Release will be governed by the laws of the State of Maryland.

I have read this Consent and Release,	understand the contents fully,	and am over 2	21 years of
age.			

Printed Name

Signature of Participant

Date

If participant is under 18:

Printed Name of Legal Guardian

Signature of Legal Guardian

Date